

## How to Keep Love Alive

Remember the first time you fell in love?  
Glorious, wasn't it.

I'm sure you know why the phrase is "fall in love" not "step in love" or "crawl in love". You fall, "head over heels".

There is nothing rational about sexual love. It's called "blind love" because the frontal lobes of the brain are not involved at all.

But where does that great love go? And it does go.

The romantic phase of a relationship is blind. When the blinders wear off you begin to see each others as individuals. You begin to compete, like siblings. If you grew up with a brother or sister close to your age, you know how to fight and get over it. But, If you didn't have a close sibling, you don't know how--and your spouse does!

Then, when the fighting starts the love dies hard, unless . . .

you both decide to keep it alive,

not the crazy "in love"

but a conscious, willing exploration of your own subconscious mind, and an open sharing of your discoveries.

For example, one man told me that he doesn't like to French kiss. He said it gave him "the willies". His wife was terribly hurt. She felt rejected by him. He loved her every other way, but his tongue embarrassed him.

In writing about his tongue he uncovered the source of his embarrassment and spit it out for good.

Another way to keep love alive involves recognizing the role of projection in everyday life. Everyone projects his feelings about himself onto others at some time. If I think I am clumsy today, I notice how clumsy everyone is. If I feel fat, I notice everyone else's fat. If I feel good, I notice how pleasant everyone is today.

We tend to project our self-criticism onto the ones we love, killing love. Recognizing self-criticism will keep love alive.

Since love is more important than vitamins for good health, make sure you keep it alive.

As long as you keep uncovering your whole mind and share it with your lover, you will keep love alive and live long and wealthily. There are several ways to do this.

You'll find the best ones at

<http://write-for-wealth.com/articles.html>

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The Whole-mind Writer

P.S. The hidden advantage of using your whole mind with your lover is laughter, and that really keeps love alive.